

## Two ways to order *directly* from the publisher

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### Regular Price per Book

- **BodyMinder** *Workout & Exercise Journal* \$18.95
- **DietMinder** *Personal Food & Fitness Journal* \$18.95
- **HealthMinder** *Personal Wellness Journal* \$18.95
- **MaintenanceMinder** *Daily Weigh-In-Journal* \$18.95
- **DietMinder JUNIOR** *Food & Exercise Journal for Kids* \$15.95
- **CruiseMinder** *Vacation Planner Journal* \$18.95
- **CodeMinder** *Personal Password Keeper* \$15.95

### Quantity Discounts

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**Shipping Option**  
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### Order Forms

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Please mail your check or money order to:  
**MemoryMinder Journals, Inc.**  
PO Box 245  
Elmira OR 97437

For Visa/Master Card  
Orders call (800) 888-3392

BodyMinder Workout & Exercise Journal Black _____ Burgundy _____	\$18.95
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HealthMinder Personal Wellness Journal Navy _____ Red _____	\$18.95
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